

Maternal Mental ♥ Health Peer Support Group

**1st Thursday of every
month @ 5:30 pm**

@ Firefly

830 N. 14th Street, Ste 201
Council Bluffs

Join us once a month for a free informal conversation with peers about motherhood, family, life, mental health & so much more. Dinner and childcare will be provided at no cost!

RSVP here:



FIREFLY
ENGAGE. EDUCATE. INSPIRE.